



**Dr. Madhukarrao Wasnik**  
**P.W.S. Arts and Commerce College**  
**Kamptee Road, Nagpur-26**

**5.1.2: Following capacity development and skills enhancement activities are organised for improving students' capability**

- 1. Soft skills**
- 2. Language and communication skills**
- 3. Life skills (Yoga, physical fitness, health and hygiene)**
- 4. ICT/computing skills**

**Report with photographs on Programmes /activities conducted to enhance soft skills, Language and communication skills, and Life skills (Yoga, physical fitness, health and hygiene, self-employment and entrepreneurial skills)**

**Report with photographs on ICT/computing skills enhancement programs**

**Activities related Soft Skills Development in the Session 2017 to 2022.**

1. The Extension cell and the cultural department organized a guest lecture on the occasion of N.S.S. foundation day 24/09/2017 on the topic "personality development." Ms. Swima ahemad was the speaker gave valuable guidance to the students on personality development



2. Department of Hindi started an innovative Best Practice to develop reading interest in students and mindful study. Students are enrolled for the programme. They are given a set time table to study the subjects by dividing their time in the week. The activity is called as “Swa-Anushashit Adyayan”. The progress of the report is to be given to the teacher by the first Monday of the week. The progress of the students is maintained in the record. The student further guided to progress with the pace of study and appropriate material. The progress is monitored though the year. 34 students were enrolled for the activity.

डॉ. एम. डब्ल्यू. पी. डब्ल्यू. एस. कला एवं वाणिज्य महाविद्यालय, नागपुर							
स्वांशुशान्त समय बद्ध अध्ययन (सत्र- २०२१-२३)							
कक्षा- B.A. III							
नाम- आर्या							
No.	Date	English	Hin/Mar	HLT	HIS	Pen	Total
01	2/3/23	15	20	-	30	35	1h:40m
02	4/3/23	30	30	25	15	20	2h:10m
03	8/3/23	20	15	20	25	-	1:20m
04	11/3/23	-	30	30	35	15	1:50m
05	13/3/23	25	25	30	-	30	1:50m
06	14/3/23	15	20	20	25	30	1h:50m
07	16/3/23	20	25	35	30	-	2h:50m
08	17/3/23	20	-	20	25	30	1h:35m
09	18/3/23	15	20	-	25	30	1h:30m
10	20/3/23	20	20	25	35	30	2h:10m
11	21/3/23	25	30	30	35	40	2h:35m
12	22/3/23	25	35	30	-	30	2h:00m
13	24/3/23	35	35	-	30	15	2h:00m
14	25/3/23	15	30	25	20	30	2h:00m
15	26/3/23	15	20	30	25	-	2h:30m
16	27/3/23	30	35	35	15	20	2h:15m
17	31/3/23	25	25	30	40	30	2h:30m
18	1/4/23	-	30	25	25	20	1h:40m
19	2/4/23	20	30	30	20	30	2h:10m
20	5/4/23	25	-	15	30	40	1h:50m
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3. Department of Pali Organised Meditation and Personality Development Programme on 19<sup>th</sup> January 2018. Retired Professor of Pali Dr. Balachandra Khandekar CHAIRED THE SESSION WHILE Mr. Jagaro (Motivational Guruthai) delivered the address and taught meditational techniques to the students to gain concentration.



4. A Guest Lecture on "Personality Development and Effective Communication skill,, was organized by the department of English on Jan 15, 2018. The speaker was Dr. M. S. Wankhede, Asso. Professor from Dhanwate National College, Nagpur. The power point presentation was given by him in the digital room' Around 35 students attended the lecture. Prof. Mahesh Dudhe introduced the Guest.



5. Department of Commerce organaised Special weekly Skill Development programme on Wednesday, dated on 20th December 2017 on the topic "Motivation". Speech delivered by Dr. N.S.Bagde for B.com part II around 50 students participated.



6. Another Entrepreneurship Development and Skill Development programme was organized by Dept. of Commerce on 8<sup>th</sup> January 2018. On the occasion of the programme Shri. Hemant Waghmare Project manager MCEC Nagpur has given guidance to students for their skills development and take a chance to make a small entrepreneur.



7. Guest Lecture on Resume writing was organized by Dept. of English on August 8, 2018. Dr. Renuka Roy from Porwal College, Kamptee was invited as a Guest Speaker on the occasion. She gave a power point presentation covering different aspects of resume writing. The object of the programme was to acquaint the students with skills of writing good resume as it is not only the part of syllabus but it also essential for the students will be applying for various jobs. 37 students participated attended the lecture.
8. Proficiency development Programme was organized on 4<sup>th</sup> & 5<sup>th</sup> January 2019 by Dept. of Commerce to develop students' skills for employment. The topics like QT Reasoning, communicational skills, History, Economics, special reformers and Business drafting were covered. The students were oriented by the faculty of commerce.
9. Under the College Golden Jubilee Programmes Mr. Kishor Gajbhiye, Ex. IAS officer were invited to talk on "Stage Daring, Oration and Personality Development" on 19<sup>th</sup> January 2019. He delivered his lecture with the help of PPT.



10. The department of Hindi Continued with their Best practice of Self Disciplined study programme in the session of 2018-19 as well. 34 students participated in the activity.
11. **Guest Lecture On Personality And Skill development** (24/9/19): On the occasion of NSS Foundation Day NSS Cell organized a Guest Lecture on "Personality and Skill Development". Ms. Swaima Ahmed an expert in the aforesaid subject addressed the students.
12. Proficiency development Committee organized its annual course from 6<sup>th</sup> January 2020 to 31<sup>st</sup> January 2020. The course was coordinated by Dr. Suresh Bhagwat from Dept. of Commerce. In the course, Topics like personality development, Spoken English, Interview techniques, Time management, and Stress management like subjects were taken. Total 22 lectures on the topics were conducted by the college faculties.

**Dr. M.W.P.W.S. ARTS & COMMERCE COLLEGE, NAGPUR.**

**PROFICIENCY DEVELOPMENT PROGRAMME**

Teaching Plan


(From 6<sup>th</sup> Jan. 2020 to 31<sup>st</sup> Jan. 2020)

Time: 10:30 A.M. to 11:30 A.M.

**Inauguration Function at 9:30 A.M. to Date: 6<sup>th</sup> Jan. 2020**

Sr.No.	Name of Teaching Faculty	Topic/Subject	Date
1	Dr. C. S. Patil	Importance of Setting & Achieving Goal	6/01/2020
2	Dr. S.A. Bhagwat	Writing an application & preparation of technique	7/1/2020
3.	Dr. Sudesh Bhowate	Business Communication I & II	8/1/2020
4	Dr. V.S.Chavan	Importance of Positive Attitude	9/1/2020
5.	Dr. Vimal Rathod	Indian Constitution	10/1/2020
6.	Prof. Amol Mendhe	Effective writing Techniques	11/1/2020
7.	Dr. Manisha Nagpure	How to make right impression	13/1/2020
8.	Prof. Amol Mendhe	Effective writing Techniques	14/1/2020
9.	Dr. Megha Ramteke	Spoken Communication and its techniques	15/1/2020
10.	Dr. Megha Ramteke	Spoken Communication and its techniques	16/1/2020
11.	Prof. Vimal Rathod	Indian Constitution	17/1/2020
12.	Dr. N.S. Bagde	Essential Qualities that makes a person successful	18/1/2020
13	Dr. N.S. Bagde	Career Management	20/1/2020
14	Dr. Manisha Nagpure	Importance of Body language	21/1/2020
15	Dr. V.S. Chavan	Importance of setting and achieving goal, power of networking	22/1/2020
16	Dr. Indrajit Orke	Importance of positive attitude	23/1/2020
17	Dr. M.J. Awasti	Personality Development	24/1/2020
18	Prof. Amruta Dorlikar	Writing Skills	25/1/2020
19	Dr. Sudesh Bhowate	Business Communication I & II	27/1/2020
20	Prof. Ashwini B. Girde & Prof. Damini Meshram	Importance of Yoga	28/1/2020
21	Dr. Pradnya Bagde	Stress Management	29/1/2020
22	Prof. Ashwini B. Girde/ Prof. Kamini Meshram	Yoga(Practical Approach)	30/1/2020

Co-Ordinator

  
(Dr. S.A. Bhagwat)

13. Department of Hindi organized Workshop on Personality development on 11<sup>th</sup> January 2020. The faculty of the department Dr. Sumedh Nagdeve addressed the students. The workshop was attended by MA II & IV semester students of the department.



14. Department of Hindi also organized YOG Pranayam training Programme on 12<sup>th</sup> March 2020. The head of the department Dr. Mithilesh Awasthi who is the expert of Yoga, taught the Yoga skills to students as well as teachers. Students of BA and MA participated in the activity.



15. Sustainable Study (Nirantar Adhyan Upakram) organized by Library

Reading is very important in the student life, it is continuing process, so the reading habits should be increase among the students that moto taken consideration and arranged 04 Feb. 2020 to 05 Feb. 2020 two-day program sustainable study for the college students in Siddharth Auditorium. There were many students took participation and continues study for two days



16. Ratary Ishanya's Skill development programme was conducted for B.Com Final students for a week. The programme started on 22nd February 2020. Mr. Manvendra of Rotary club of Ishanya Group oriented students with multiple skills required in the corporate jobs. The rotary team including Ms. Shilpa Lanjewar oriented students during the entire week long programme. The programme was concluded with sill tests on the students which they passed confidently.

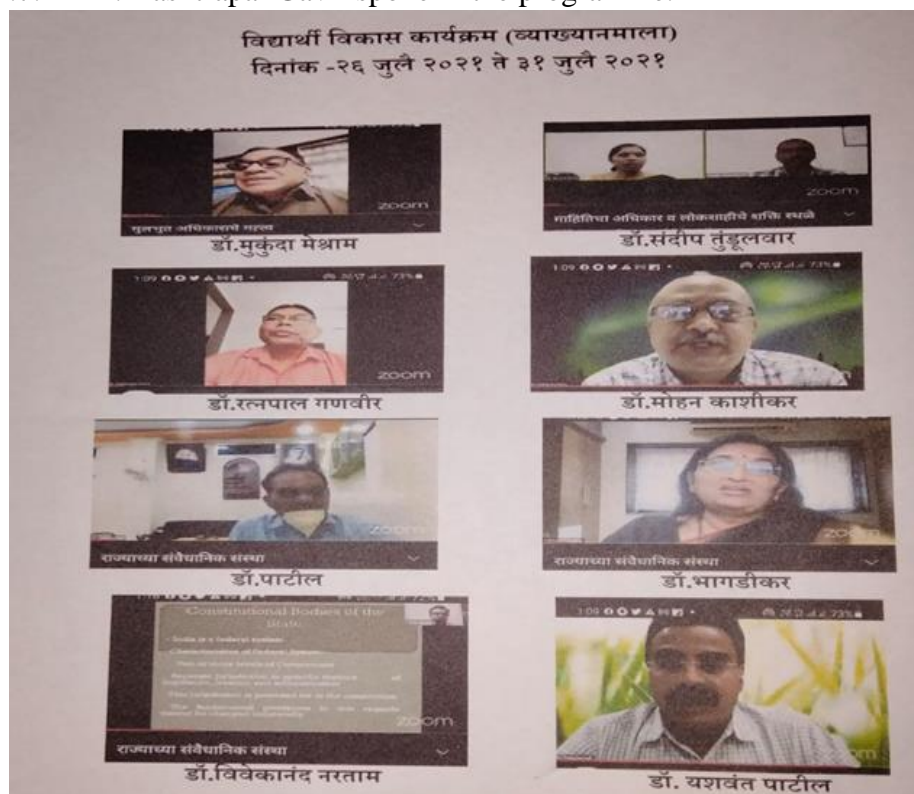
17. Skill Developmet activity of the commerce department was organized on 21st Sept 2019 in Siddharth Sabhagruha for B.Com. Students on the subject of Effective Management, Team Work, Decision Making, Communication. All the faculty of Commerce Department organized & Participated. Nearly, 42 Students attended Programme.



18. Entrepreneurship Development Programme was held On 02nd March 2020. under the guidance of Dr. Tewani from Sindhu College, Nagpur. Nearly, 59 Students attended Programme.



19. Students' Personality Programme Online Lecture series was organized by Dept. of Political Science from 26/07/2021 to 31/07/2021. In the lecture series Dr. Vivekanand from Shyamlal College, New Delhi delivered lecture as inaugurator on 26/7/2021, Dr. Rita Dandekar, HoD of Dept of Political Science, Sevadal mahila Mahavidyalaya, Nagpur talked as a resource person, Dr. Pravin Bhagadikar Fo Annasaheb Gindewar college delivered his lecture on 29.7.21, Dr. Sandip Tondulwar delivered his talk on 30.7.2021 and on 31.7.21 Dr. Rashtrapal Gavir spoke in the programme.



20. Workshop on Marathi Orthography and Grammar was organised on 2 May 2022. Dr. Rashtrapal Meshram of Social Work College, Kamptee was invited on the occasion. 90 students participated in the programme.

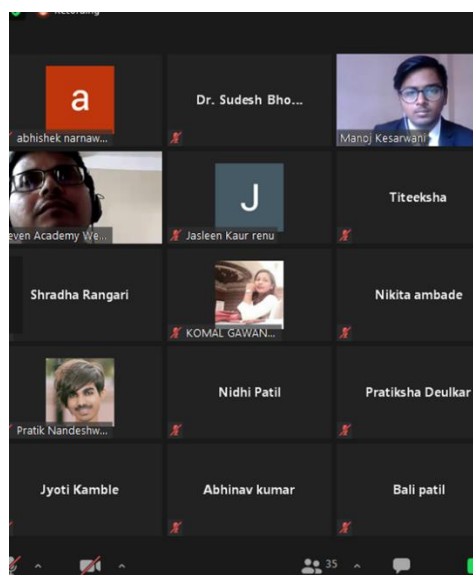
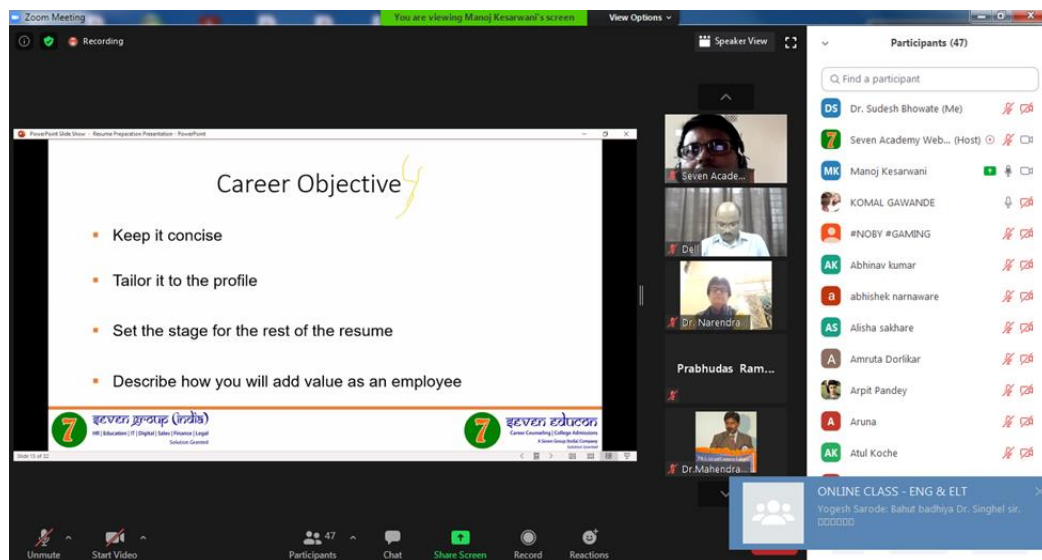


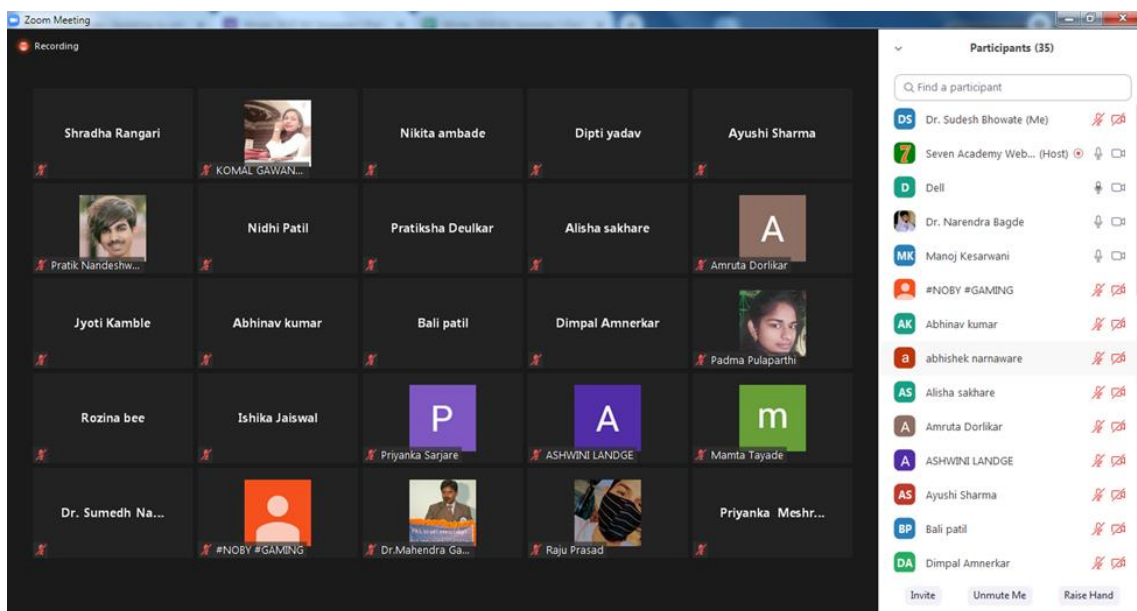
21. In the aegis of Department of Hindi, Leadership skill workshop was organized on 12/03/2022. Dr. Sumedh Nagdeve of Department of Hindi was the resource person on the occasion. He gave his tips on group Discussion, Skill development, decision making etc.



22. Employment and Placement Cell organized workshop on **“Interview technique and resume Preparation”** on 10<sup>th</sup> June 2021. This workshop was specially organized keeping in mind the freshers or candidates who after their education approach for employment in the market. But the lack of proper interview skills, presentation and documentation methods they fail in interviews and lose the employment opportunities even after having the adequate knowledge and potential to qualify for it. Keeping this need in mind for the students this workshop was designed and carried out by cell

Mr. Manoj Kesarwani , a faculty in Seven Academy was invited as the guest speaker. Dr. Yeshwant Patil the principal of the college chaired the workshop. Dr. Narendra Bagde , Vice Principal and HoD of Commerce was also prominently present in this workshop. 74 students from Arts and Commerce and all the faculty members from all the departments were joined in this online workshop.





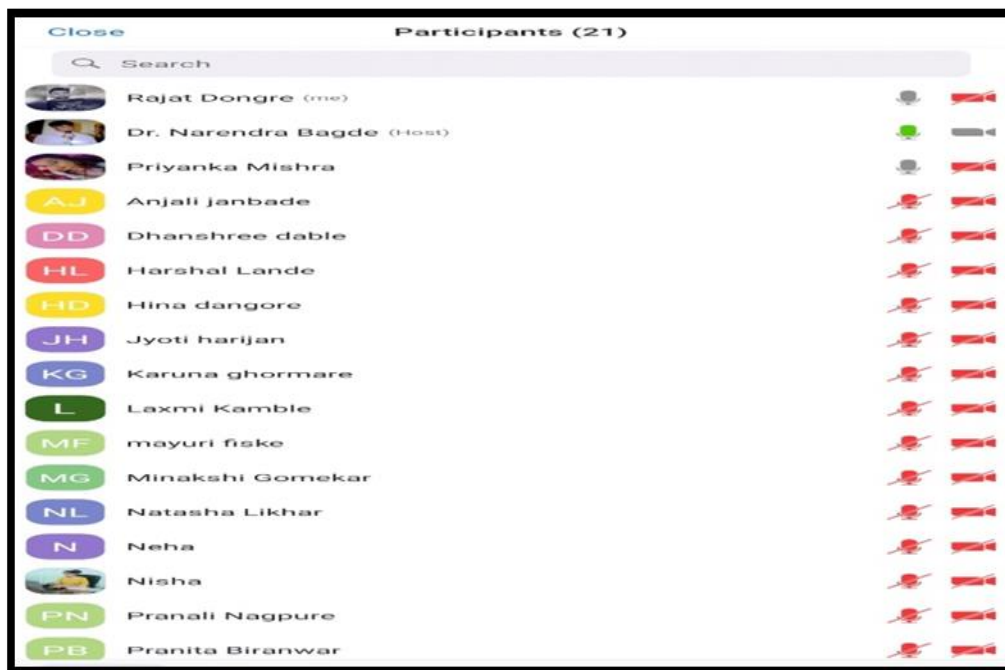
23. Department of Pali and Dr. Ambedkar Thought jointly organized a guest lecture on “Importance of Buddha’s thoughts and Psychological Science” on 21/12/2021. Noted Neuro-Physician of the city Dr. Sanjay Ramteke was invited on the occasion. Principal Dr. Yeshwant Patil Chaired the Guest Lecture programme.



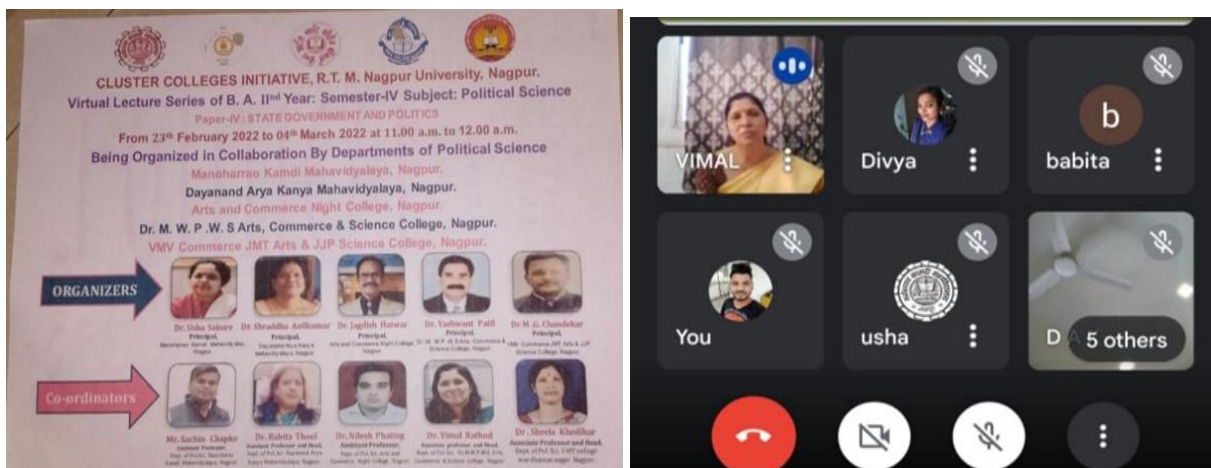
24. Dep. Of Pali-Prakrit organized One day “Developing Memory and concentration” on 19/03/2022. The resource person of the programme was Noted Vipassana Teacher from Thailand Ven. Bhikkhu Sumangal.



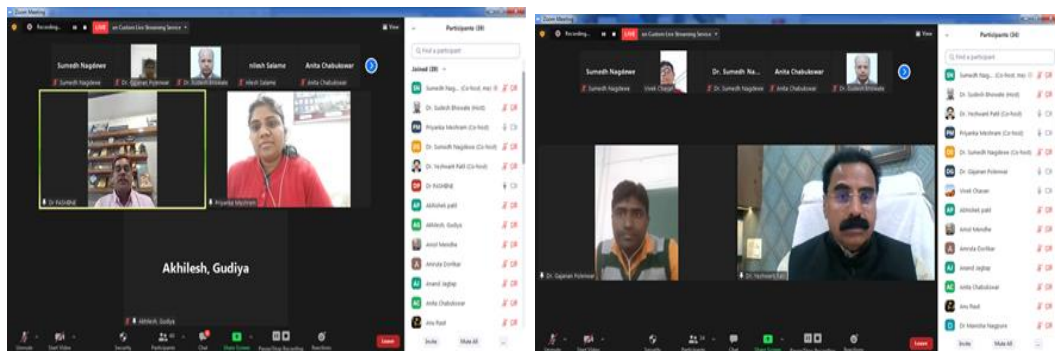
25. Commerce Department conducted Guest Lecture on different Interview Techniques for students by virtual mode. It was held on 16th Oct 2021. On this Occasion Dr. N.S. Bagde delivered the lecture and gave the various tips for Interview to the students for their carrier. Total 52 students participated in the programme.



26. Department of Political science organized one week lecture series on the Students Development Programme from 23/02/2022 to 3/3/2022. Prof. Lokesh Bawankule spoke on 23 February , Dr. Sachin Velukar of SN Mor College, Tumsar delivered talk on 24 February, Dr. Vima Rathod Hod of the organising college delivered talk on 25<sup>th</sup> February, Dr. Sushant Chimankar of the same department spoke on 26<sup>th</sup> February. Dr. Shila Khedekar of VMV College Nagpur was invited to talk on 27<sup>th</sup> February while Dr. Babita Thul of Dayanand Arya Kanya Mahavidyalaya spoke on 3<sup>rd</sup> March. Dr. Sachin Chapake of Kamble Mahavidyalaya, Nagpur delivered talk on 5<sup>th</sup> march 2022.



27. Department of Hindi Continued with the best Practice of Self Disciplined study Programme in the current session of 2021-22. 56 students participated in the programme. The faculties of the department monitored the study progress of the students enrolled in the programme.
28. Department of Hindi organized 'Oratory Skill Enhancement Workshop' in the department on 12 December 2022. Dr. Gajanan Polewar of Taywade Mahavidyalaya, Koradi and Dr. rajesh pashine of Dharampeth Manohar P Dep Memorial Science College Nagpur were invited as the resource persons. Dr. Yeshwant Patil Principal of the college chaired the workshop. 47 students participated in the activity.



29. Proficiency development Committee organized Ten day Programme in collaboration with Rajkumar Kewalramani Kanya Mahavidyalaya from 16<sup>th</sup> October to 27<sup>th</sup> October 2022.

30.

**Dr. Madhukarrao Wasnik P. W. S.**  
**Arts, Commerce & Sci. College**  
**Nagpur**

**Rajkumar Kewalramani Kanya**  
**Mahavidyalaya, Jaripataka**  
**Nagpur**



**JOINTLY ORGANIZE**  
**TEN DAYS'**  
**PROFICIENCY DEVELOPMENT PROGRAMME**  
**FOR UG AND PG STUDENTS**  
**October 16 to 27, 2021**  
**9.00 to 10.00 am Platform- You-tube/Zoom**



  
**Dr. Yeshvant Patil**  
**Principal**  
**Dr. MWPWS College,**  
**Nagpur**

  
**Dr. Urmila Dabir**  
**Principal**  
**RKKM, Nagpur**

**Organizers**

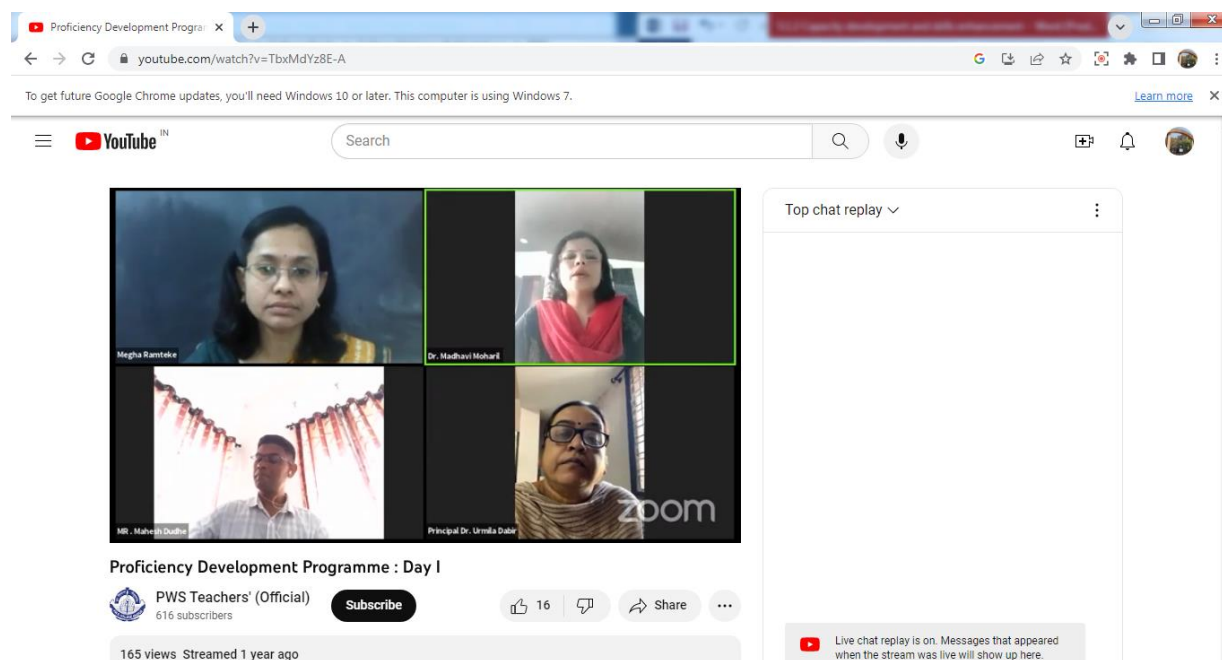
  
**Dr. Manohar Yerkalwar**  
**Mr. Mahesh Dudhe**

  
**Dr. Rajani Harode**  
**Dr. Madhavi Moharil**

**Conveners**

**Students to Register here-**  
[https://docs.google.com/forms/d/e/1FAIpQLSftaYgxYIomXclUxXLSNRubXiPuANOWkCaXF1jLtxD3q4M20Q/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSftaYgxYIomXclUxXLSNRubXiPuANOWkCaXF1jLtxD3q4M20Q/viewform?usp=sf_link)

Total 140 students enrolled from both the college for the programme. The PDP programme was live on YouTube and Zoom.



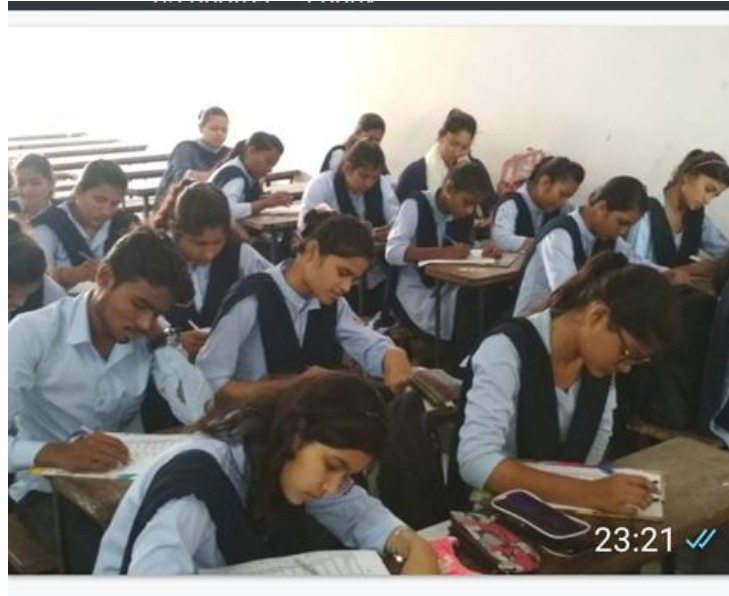
The screenshot shows a YouTube video player interface. The video title is "Proficiency Development Programme : Day I". The video shows a Zoom meeting with four participants in a grid: Megha Samteke, Dr. Madhavi Moharil, Mr. Mahesh Dudhe, and Principal Dr. Urmila Dabir. The video has 165 views and was streamed 1 year ago. The channel is "PWS Teachers' (Official)" with 616 subscribers. The video player includes a search bar, a microphone icon, and a "Top chat replay" button. A notification at the bottom states: "Live chat replay is on. Messages that appeared when the stream was live will show up here."

## 2. Activities Related **Language and communication skills** (2017 to 2022)

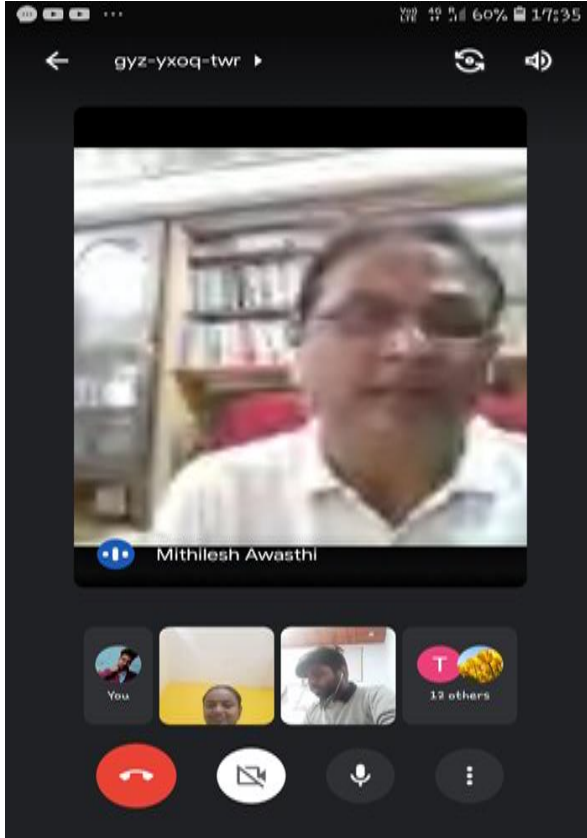
1. “Workshop on Phrasal Verbs” was organized by Department of English on 18<sup>th</sup> December 2017 for students of BA Final. The workshop was attended by the students of Rajkumar Kewalramani Kanya Mahavidyalaya and S B City College, Nagpur. Total 32 students took benefit of the programme.
2. Under the faculty exchange programme, Ms Megha Ramteke was invited Non-textual to deliver a lecture on part of the syllabus of the subject, compulsory English, for the students of BA III at Rakumar Kewalramani College on July 20, 2017. The topic of the lecture was “the use of Punctuation Marks in the English Language”. 50 students attended the lecture. The student’s were also given handouts with exercises on punctuations.
3. **Department** of English organized a guesgt Lecture on “Resume Writing on 30 August 2018. Dr. renuka Roy of Porwal College, Kamptee was invited on the occasion. The object of the programme was to acquaint the students with skills of writing good resume as it is not only the part of syllabus but it also essential for the students will be applying for various jobs. 37 students participated attended the lecture.
4. On the occasion of Marathi Bhasha Din, a guest Lecture on the topic “Importance of Marathi language” on 11/2/2019. Dr. Manisha Nagpur HoD of the department delivered a talk on the occasion.



5. Department of Marathi organized eight day workshop on Marathi orthography and Grammar. The activity was started on 10/03/2019.



6. The English Language is considered as a killer subject by students. This language barrier hampers the progress of the students by diminishing their confidence, strong personality and skills. In order to help the students overcome this fear Dept. of English organized a Guest Lecture on the topic “How to overcome the fear of the English Language” on Dec 18, 2020. Dr. Patrick Anthony, Sr. Asst. Professor, Osmania University, Hyderabad was invited as a Guest Speaker
7. Uses of Affixes in the English Language are a significant part of the language construction. Keeping this in view, Dept of English organized an online Guest Lecture on the Uses of Suffixes and Prefixes on Dec 21, 2020. Dr. Minakshee Wasnik, Asst. Professor, Department of English, Manoharrao Kamdi College, Nagpur was invited as the Guest Speaker on the occasion.
8. Department of Hindi organized a workshop on (Linguistics) on 15<sup>th</sup> and 16<sup>th</sup> July 2021. Dr. Mithilesh Awasthi, HoD of the department was the resource person on both the day. The programme was conducted live on Youtube. 18 students attended the lectures.



9. Department of Marathi organized one day workshop on “Media, Marathi Language and employment opportunities” Dr. Sanjay Bhakte Former Programme Officer in Akasjhvani Radio, Nagpur was invited on the occasion. The workshop was organized on 8<sup>th</sup> January 2022. Some 85 students attended the online lecture via Zoom and Youtube.



10. Department of Marathi organized a Guest Lecture on Existence of Marathi language and Use of language in the day to day life on 28<sup>th</sup> February 2022. Dr. Indrajeet Orke former HoD of the department was invited on the occasion to deliver his talk.



11. Online Course in 'English for Competitive Exams' (Banking, Railway, SSC and Other Equivalent to Exams) from 18<sup>th</sup> April 2022 to 23<sup>rd</sup> April 2022. Most of the contents in the lecture series revolving around English Language and Comprehension

English Syllabus For Competitive Exams	
Vocabulary	Synonyms And Antonyms, Homonyms
	Spelling Test/Cloze Test
	Fill in the Blanks
	Idioms & Phrases
	One Word Substitution
	Sentence or Phrase Improvement
	Word Association
Grammar	Active and Passive Voice
	Direct & Indirect Speech

	Fill in Blanks – Conjunction, Preposition, Articles, Tenses, etc.
	Sentence Correction/Error Spotting
	Multiple Meaning
Rearrangement of Sentences	Para Jumbles/ Jumbled Sentence
	Paragraph Completion
Comprehension	Reading Comprehension
Descriptive	Essay Writing/ Letter Writing/ Precis Writing

YouTube video player interface showing a Zoom session titled "English for Competitive Exam" Inauguration. The video shows three participants: Megha Ramteke, Ashwin, and Dr. Sushant Bhosale. The video has 254 views and was streamed 1 year ago. The channel is PWS Teachers' (Official) with 616 subscribers.

Top chat replay:

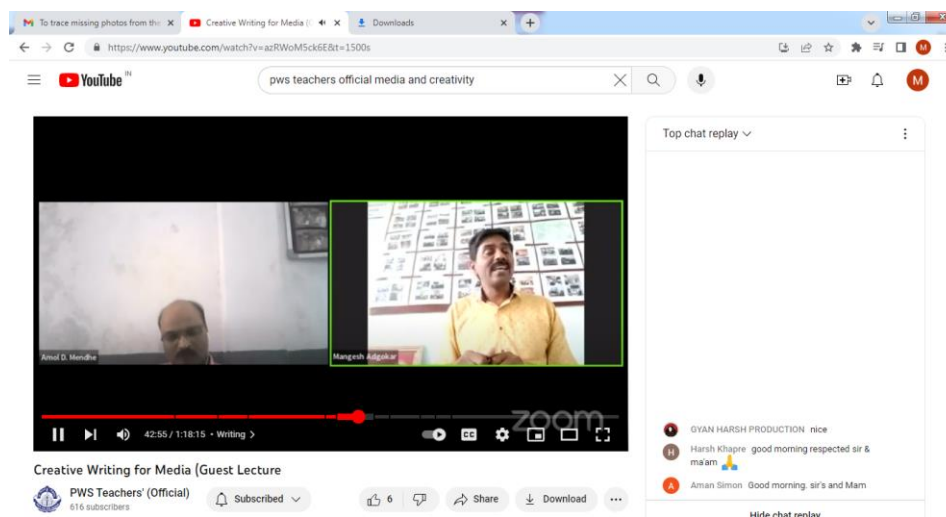
- Nilesh Nandanwar
- Dr. SAURABH MOHOD: good morning all of you
- Dinesh Gupta: Good morning sir
- PWS Teachers' (Official): Good morning Students, We are beginning programme shortly. Stay tuned. thanks.
- Harsh Khapre: good morning respected sir & maam
- Nilesh Nandanwar

YouTube video player interface showing a lecture titled "TRANSFORMATION OF SENTENCES". The video features a presentation slide with the title and a small image of a book. The video has 135 views and was streamed 1 year ago. The channel is PWS Teachers' (Official) with 616 subscribers.

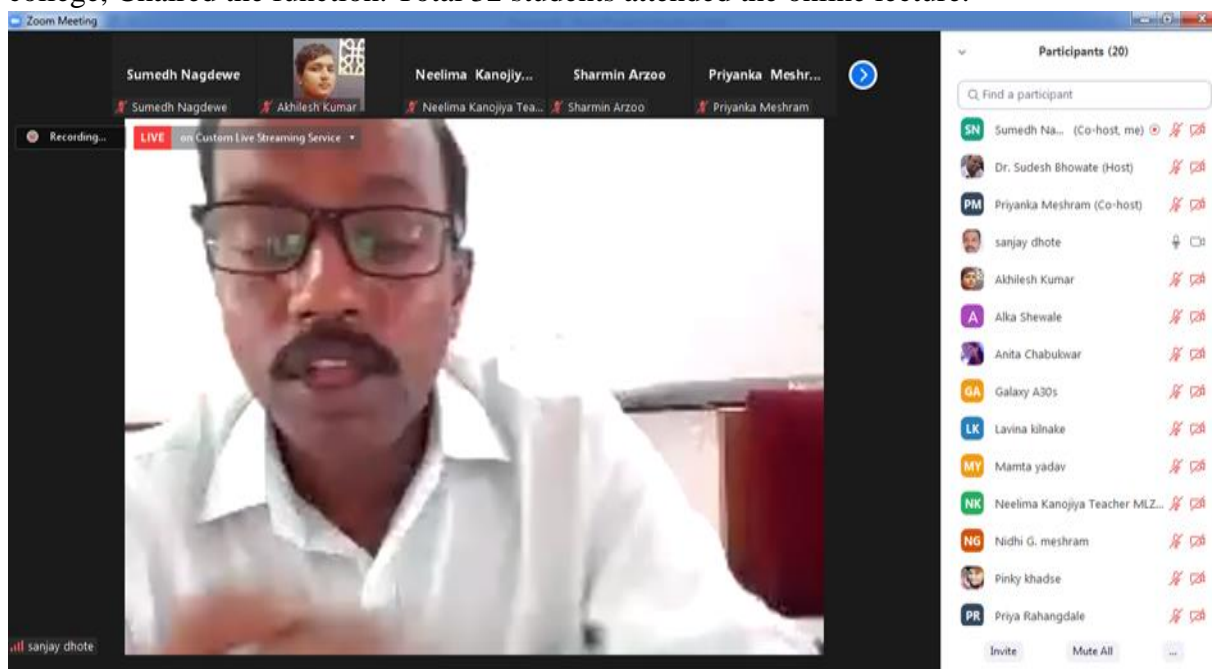
Top chat replay:

- Jyoti Dwivedi: Good morning sir and Ma'am
- Manmohan Nimje Nimje
- Jyoti Dwivedi: Jyoti Dwivedi

12. A Guest Lecture was organized by Dept of English on the topic Creative Writing for Media on April 9, 2022 online on Zoom Platform. Dr. Mangesh Adgaokar, Professor, G S Tompe Arts, Commerce and Science College, Chandur Bazar Dist. Amravati University was invited as a Guest speaker. 40 Students participated in the programme. The programme aimed at exploring the skills of creative writing and its scope in Media and making the students familiar with new career paths.



13. A Guest Lecture on “Linguistics was organized on 6<sup>th</sup> May 2022. Dr. Sanjay Dhote, HoD of Hindi, Yashwant Mahavidyala Wardha was invited to talk in the online mode. He spoke on Phonetics, Morphology and Lexicography of Hindi. Dr. Yeshwant Patil Principal of the college, Chaired the function. Total 32 students attended the online lecture.



#### 14. Course on Communicative English:

The college organized a Certificate course in Communicative Skills in English in collaboration with Rajkumar Kewalramani College, Nagpur from 8th March 2023 to 6th May 2023. This course was sanctioned by Department of Lifelong Learning and Extension of RTM Nagpur University. The course was comprised of theory and particle sessions and the duration of the course was 45 hours. The course was conducted under the coordination of Dr. Sudesh Bhowate and Dr. Madhavi Moharil. It was completed very successfully and the students gave very positive feedback about the same



**Rashtrasant Tukadoji Maharaj Nagpur University**  
**Department of Lifelong Learning and Extension**

**Rajkumar Kewalramani Kanya Mahavidyalaya**  
Jaripataka Nagpur

**Dr. Madhukarrao Wasnik**  
**PWS Arts Commerce & Science College**  
Kamptee Road, Nagpur-26

**Certificate Course in Communicative Skills in English**  
**(2022-2023)**

All students are hereby informed that Department of English is organizing a short term 'Certificate Course in Communicative Skills in English' granted by Department of Lifelong Learning and Extension of R.T.M. Nagpur University, Nagpur

**Starting Date:** 8<sup>th</sup> March 2023, Wednesday  
**Total Seats:** 20 (Limited seats)  
**Duration of the Course:** **45 hours** (Theory 15 Hrs & Practical 30 Hrs.)  
**Credit:** 2 points (Will be added to the final Mark sheet of the year)  
**Course Fees:** Rs. 500/- (Five hundred only)

**Venue**

**Theory Classes:** Rajkumar Kewalramani Kanya Mahavidyalaya, Jaripaaka, Nagpur  
**Practical Classes:** Dr. Madhukarrao Wasnik PWS Arts & Commerce College, Nagpur

Interested Students can register as soon as possible by filling admission form.

**Course Coordinators**

**Dr. Madhavi Moharil** (8380066154)  
Rajkumar Kewalramani Kanya Mahavidyalaya, Nagpur

**Dr. Sudesh Bhowate** (9823419389)  
Dr. M.W.P.W.S. Arts, Comm. & Science College, Nagpur

**Organizers**



**Principal Dr. Yeshwant Patil**  
Dr. MWPWS Arts, Comm. & Science College



**Principal Dr. Urmila Dabir**  
Rajkumar Kewalramani Kanya Mahavidyalaya



15. A Guest Lecture on Communication Skills was organized on 28<sup>th</sup> January 2023 online on Google Meet. Dr. Sujata Chakravorty, Head and Asso Prof. Dayanand Arya Kanya College was invited as the Guest speaker on the Occasion. More than 40 students attended the Lectrue. Dr. Chakervorty elucidated various aspects of Communication skills.

<https://meet.google.com/kku-dqme-mqz>



### 3. Activities Related **Life skills (Yoga, physical fitness, health and hygiene)** 2017 to 2023

#### 1. Awareness Programme on Health (Dt-08/12/2017)

The Extension Cell, the Department of Sociology and Jeevan Aashram Old Age home organized a Health Awareness program on 08/12/2017 at Mude Memorial Hospital under the guidance of Dr. Kose sir. Full body checkup, and suggestions were also given by the doctors team. There were 75 beneficiaries in this program.



2. **International Yoga Day on 24th June 2018.** College celebrated “International Yoga Day” which was celebrated throughout the world. Our College Teaching, Non-Teaching staff, Students and sportsman participated in the event which was well conducted Department of Physical Education & Sports. Yoga expert Miss Vaishali Gabhne and Miss Neha Mishra guided the participants with Yoga Skills by demonstration.
3. **Shapath Grahan for Cleanliness under Bharat Swatchta Abhiyan –**  
On behalf of NSS unit of the college a shapath grahan, oath thanking activity for clean Indian for clean India movement on 13 august 2018. This activity was organized in association with NMC Ashi nagar zone, Nagpur. An oath regarding cleanliness as self duty and responsibility was given to the students by Dr. Narendra Bagade, NSS programme officer on this occasion. 200 students by U.G and P.G classes were activity participated in this activity.



#### 4. International Yoga Day on 21<sup>st</sup> June 2019

On 21<sup>st</sup> June 2019 College celebrated online “International Yoga Day” which was celebrated throughout the world. Our College Teaching, Non-Teaching staff, Students and sportsman participated in the event which was well conducted Department of Physical Education & Sports. Yoga expert Mr. Lokesh Ramesh Chaware was invited to guide the participants with the demonstration. Many of the staff members clears their doubts about the technique in practice and health issues.

#### 5. Dept. of Sociology and NSS organized a rally on “Awareness of Tobacco Free Campaign” on 25/09/2019.

The department of Sociology and the NSS jointly organized a rally on “Awareness of Tobacco Free Campaign on the foundation day of N.S.S. (24/09/2019). The campaign began with a pledge and street -plays. There were 200 students participated in this event.



### Dr Madhukarrao Wasnik PWS College



Students and others participating in the tobacco-free campaign.

NSS Cell from Dr Madhukarrao Wasnik PWS College organised a tobacco-free campaign at Kapil Nagar Square recently. The campaign was part of NSS' foundation day celebrations. Around 200 students from NSS participated in the campaign. PO Dr Kamalakar Tagde, Co-Coordinator Dr Megha Rameke, Social Media leader Payal Meshram, Tobacco Control leader Ankit Rahangdale and faculty were present. The campaign began with a pledge and street-plays. Principal Dr Yeshwant Patil, Vice-Principal Dr Narendra Bagde also were present. Staff members, Principal, Vice-Principal and others worked hard for success of the campaign.

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## 6. WORLD AIDS DAY:

Dec 1, 2019 is observed as a World AIDS Day in the world. The NSS cell of our college in collaboration with Aids Awareness Department of Mayo Hospital. Ms. Easter Vaidya and Ms. Mendhe visited the college and organized various activities like Poster Making Competition (date), Rangoli Contest (date) and Paper Reading Competition. NSS volunteers and NSS coordinators also participated in AIDS Awareness Rally organized by Mayo Hospital jointly with NSS Unit of RTM Nagpur University on the 2nd Dec, 2019. The certificates were also distributed.

THE HITAVADA



**7. PARTICIPATION IN THE CLEANLINESS DRIVE:**

NSS volunteers took part in the 7day cleanliness drive organized by the NSS Department of RTM Nagpur University from Dec 26, 2019. The volunteers who participated are as follows:



**8. Fit India walkathon/Cyclothon:**

Fit India Walkathon/Cyclethon in collaboration with NSS Unit of RTM Nagpur University was organized by NSS Cell of our college on January 18, 2020 at 8:00 am. The event aimed at spreading awareness and message for physical fitness and health consciousness through Walkathon, Cyclethon, excerices, games, sports and rallying call etc. around 50 students participated in the rally along with the staff members and NSS Coordinators.



### 9. Distribution of masks:

On the occasion of Birth anniversary the NSS Cell of PWS college took another step in the movement against Covid 19 Pandemic by distributing mask among the residents and workers at village Kawatha adopted by our college. Around 1000 mask were distributed to these people.



### 10. International Yoga Day

On 21th June 2020 College celebrated “International Yoga Day “which was celebrated throughout the world. Our College Teaching, Non Teaching staff, Students and sportsman participated in the event which was well conducted Department of Physical Education & Sports.



### 11. A Public Awareness Campaign about Covid-19 {From 1st Sept. to 4th Sept. 2020}

From the 1st of September to the 4th of September-2020, a useful 'Public Health Awareness Campaign' concerning the outbreak of Covid-19 was taken up by the NSS unit of the college in the nearby residential localities of Aawalebabu- Nagar, Siddharth Nagar and Shende Nagar. This constructive programme officers and 20 volunteer students of the college NSS unit.

12. On the occasion of 'World Aids Day', (1<sup>st</sup> December 2021) Dr. Madhukarrao Wasnik PWS Arts, Commerce and Science College and NSS team of the college jointly took up different informative 'Public Awareness' activities. On Wednesday, an 'awareness' rally was taken out from the college campus. This rally commenced from the college ground and further went through the nearby localities of Shende Nagar, Samyak Nagar, Aawale Nagar and Ramai Nagar (given) useful - 'awarness' messages to people. The rally concluded with - a small assembly at Teak Naka (square) by guiding people about how to protect and prevent themselves from (catching) the sickness of AIDS. The rally witnessed the participation of 60 students from our college. [A total of 60 students from our college took part in this rally.)



13. “My Family-My Responsibility” campaign was run by the NSS Volunteers on the occasion of Birth Anniversariy of Mahatma Gandhi on 2<sup>nd</sup> October 2020. During the period of Covid-19 and the surrounding conditions which prevailed, support and help from the government was always available. Still the NSS unit of Dr.Madhukarrao Wasnik PWS Arts and Commerce College did an excellent job by joining hands and working in a spirit of cooperation with an NGO named 'SEET' (Social Education, Environment, Trust) and provided services to affected people on its own . Taking timely note of their contribution and work, the NSS volunteers were felicitated by the NGO- 'SEET'. On this occasion, senior police Inspector of Kapil Nagar Police station, Shri. Jadhav; the President of SEET, Dr. Siddiqui and the Joint Secretary of 'People Welfare Society' Shri. Manoj Wasnik was present to encourage our student volunteers. Our college comes within the administrative jurisdiction of the nearby Kapil Nagar Police Station (zone).
14. Awareness Rally for Pulse Polio vaccine (17<sup>th</sup> January 2021): College NSS volunteers in the guidance of programme Officers Dr. Sushant Chimankar and Dr. Kamalakar Tagade organized a rally to make the neighbouring communities aware about Pulse Polio Vaccine programme. It was halted due to Covid 19 in the previous year. The Vaccine programme was to start from 31<sup>st</sup> January 2021. 32 volunteers participated in the campaign.



### 15. Covid Vaccination Camp"[ 15th Nov. 2021]

In compliance with the directives of the state Government of Maharashtra, the college took into its immediate consideration the need to get the students vaccinated for Covid-19. Therefore in keeping with the orders given by the Principal of our college, the NSS department made a request to the Health Deptt. -. official authorities of the Nagpur Municipal Corporation- to undertake suitable steps to fulfil this urgent need. As an outcome of this special effort, a 'one Day' Covid Immunization Camp was organised in the college on the 15th of November-2021.





## 16. International Yoga Day

On 21st June 2021 College celebrated “International Yoga Day “which was celebrated throughout the world. Our College Teaching, Non-Teaching staff, Students and sportsman participated in the event which was well conducted Department of Physical Education & Sports. International Yoga expert Mrs. Dhanashree Lekurwale was invited as the resource person on the occasion.



## 17. Online International 06 Days Workshop on Yoga

Dr. Madhukarrao Wasnik P.W.S. Arts, Commerce & Science College Nagpur,  
Department of Physical Education & Sports and Physical Education Foundation  
of India (PEFI) National Sports Promotions Recognition under the aegis of Ministry  
of Youth Welfare & Sports, Govt. of India organized Online International 06 Days  
Workshop on Yoga

On the occasion of INTERNATIONAL YOGA DAY June 21 to 26, 2021

**In Madhukarrao Wasnik PWS Arts and Commerce College**  
Accredited by NAAC  
Kamptee Road, Nagpur  
Department of Physical Eds. & Sports

**Physical Education Foundation of India (PEFI)**  
National Sports Promotions Organization  
under the aegis of Ministry of Youth Affairs & Sports (Govt. of India)

**Online International Workshop on Yoga**  
on the occasion of  
**International Yoga Day**

**About PEFI**

**PHYSICAL EDUCATION FOUNDATION OF INDIA**  
(National Sports Promotions Organization)  
Recognized by  
Ministry of Youth Affairs & Sports, Government of India

**About the International Workshop and the Concept Note:**

June 21 was marked as an International Yoga Day by United Nations General Assembly in 2015 that was supported by 177 countries across the world. Yoga is a Sanskrit word for 'union' that is 3000 years old, physical, mental, and spiritual practice in India. Today's world which is full of stress, ailments and conflicts needs it more than ever. The breathing exercises, postures and meditations help reduce the stress level, build immunity, improve lung functions leading to healthy mental and physical life. The observance of this day aims to spread the awareness of the benefits of yoga and to lead a healthier lifestyle.

As the world is going through the adversity of Pandemic Covid-19, Yoga has become the need of the hour. Therefore, this year the theme of the International Yoga Day is "Yoga for well-being". Apart from giving physical wellness yoga can help produce efficient anxiety to overcome the mental ill health, negativity stress, depression and low World Health Organisation (WHO) has also reported the benefits of Yoga.

This international workshop on yoga is also a healthy attempt in this drive to spread awareness about the benefits of yoga for the well-being of the world by connecting with the experts of Yoga around the world and providing a constant guidance for all.

**About Registration:**

**YOGA**  
Mr. Lokesh R. Chawre  
International Yoga Teacher  
and founder of Yog  
Yogeshwar  
Mumbai

**June 22, 2021**  
**AYURVEDA**  
Dr. Krunal Shah  
Dr. of Ayurveda, Arham  
clinic, Nashik

**June 23, 2021**  
**YOGHIDRA**  
Mr. Farud Patel  
Yog Nidra Therapist

**June 24, 2021**  
**YOG SHUDDHI KRIYA**  
Mr. Lokesh Chawre  
International Yoga  
Teacher and founder of Yog  
Yogeshwar  
Mumbai

**DIET AND NUTRITION**  
Capt. (retd) Pragya  
Kukade  
Diet Consultant  
Bhopal, MP

**June 25, 2021**  
**DIYAH YOG**  
Mr. Tarun Kumar  
Sharma  
Founder of Nirvana  
Trust & National  
Jt. Secretary of Physical  
Edu. Foundation of  
India

**June 26, 2021**  
**YOG SHUDDHI KRIYA**  
Mr. Lokesh Chawre  
International Yoga

**Patron**

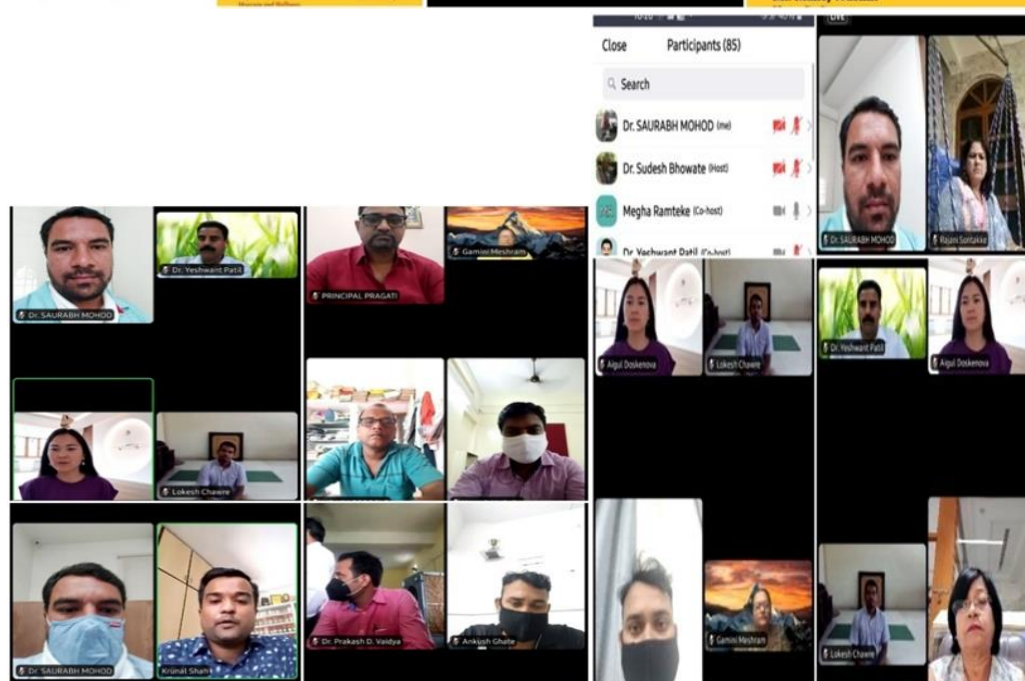
**Dr. Madhukarrao Wasnik**  
Hon. Ex. MLC and Chairman  
People's Welfare Society

**Dr. Subhash R. Chaudhary**  
Hon. Vice Chancellor  
RTM Nagpur University

**Dr. Sanjay Dudhe**  
Hon. Pro. Vice Chancellor  
RTM Nagpur University

**Mr. Mohan Wasnik**  
Hon. Secretary  
People's Welfare Society

**Mr. Manoj Wasnik**



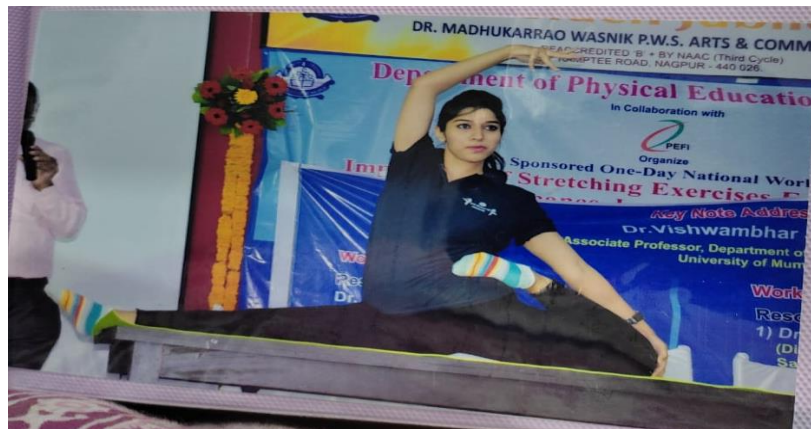
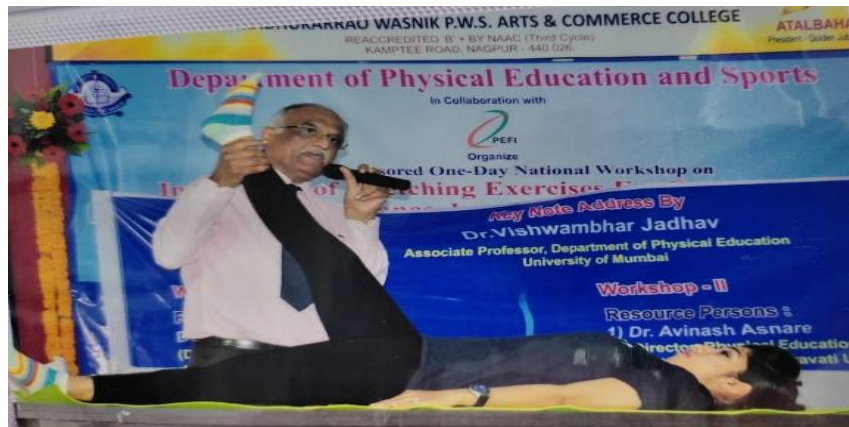
### 18. International Yoga Day

On 21st June 2022 College celebrated “International Yoga Day “which was celebrated throughout the world. RTMNU’S Physical Education & Sports Department Organised Suryanamskar Competition on this occasion.



### 19. National Workshop on Importance of Stretching Exercises

Department of Physical Education organized a National Workshop on Importance of Stretching Exercises” in collaboration of PEFI on Feb 24, 2018



#### **4. Activities related to ICT/computing skills**

##### **1. COMPUTER WORKSHOP ON “C-PROGRAMMING” CONDUCTED ON 10/10/2022 FROM 11AM TO 2PM**

A Programme on “Programming Skill Enhancement, Basic Programming Knowledge And Best Practices Sharing” organized by Bachelor of science Department ( Computer science) was organized in DR. Madhukarrao wasnik P.W.S College of arts, commerce and science, Nagpur-26 on 10 October 2022.



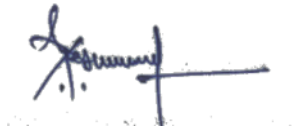
##### **2. ONE DAY SEMINAR ON “SYSTEM ANALYSIS AND DESIGN” CONDUCTED ON 23/02/2023 FROM 12PM TO 2PM**

“One day visit to JDCOEM to attend inter class seminar on system analysis and design” organized by Bachelor of science department ( Computer science) of Dr. Madhukarrao wasnik P.W.S college of arts, commerce and science, Nagpur – 26(23 February 2023)



3. A Guest Lecture was organized by Department of Hindi on the topic “ Using E-tools to use the National language in offices” on 4<sup>th</sup> February 2023. Dr. Lalit Bhushan Upper Account Officer, BSNL and Secretary, Nagar Rajbhasha Karyanwayan Samiittee, Gajiyabad) was invited to talk on E-tools.





**Principal**

**Dr. Yeshwant Patil**